

The Entertainment Industry Foundation's 2011 Revlon Run/Walk

On April 30th, over 100 Board members, staff, patients and friends of the William F. Ryan Community Health Network participated in the Entertainment Industry Foundation's (EIF) 14th Annual Revlon Run/Walk for women's cancers. As one of just nine organizations selected to be a beneficiary of the event, the William F. Ryan Community Health Network is incredibly proud of the direct impact that our participation has had on our patients and the community. Over the last 13 years, Ryan has received almost one million dollars as a result of our participation in the Revlon Run/Walk. With this year's funds, we will again be supporting Women's Health Education and Patient Navigator Programs at William



Team Ryan 2011

F. Ryan, Ryan-NENA, Ryan/Chelsea-Clinton and Ryan/Adair. Since 1997, funds generated by the Revlon Run/Walk have enabled the Ryan Network to provide thousands of free preventive, diagnostic, and early intervention

services to women who otherwise might not be able to afford them; and it is well documented that early detection and treatment of cancer can save lives. We hope you can join us next year! ■

RYAN CENTER Community Health Center

Ryan Uptown
110 West 97 Street
(near Columbus)
212-749-1820

RYAN-NENA Community Health Center

Ryan Downtown
279 East Third Street
(between Avenues C and D)
212-477-8500

RYAN/CHELSEA-CLINTON Community Health Center

Ryan Midtown
645 Tenth Avenue
(between 45 and 46 Street)
212-265-4500

RYAN/ADAIR Community Health Center

Ryan Harlem
565 Manhattan Avenue
New York, NY 10027
(212) 222-5221

Fall 2011

RYAN CENTER
Community Health Center

RYAN-NENA
Community Health Center

RYAN/CHELSEA-CLINTON
Community Health Center

RYAN/ADAIR
Community Health Center

Residency Programs at William F. Ryan, Ryan-NENA, Ryan/Chelsea-Clinton and Ryan/Adair

The increased national focus on patient-centered “medical homes”—that is, comprehensive out-patient medical care, all under one roof—has highlighted the important role of Community Health Centers such as Ryan, which have traditionally provided high quality, cost-effective care.



Left to Right: Andres Suarez, Rishi Malhan, Ana Kausel, Joseph Wiener.
Bottom: Lincoln Sison, John Greely

This emphasis on primary and preventive health care in ambulatory settings has also affected medical residency programs, where training of new physicians has shifted from a predominantly in-patient experience to a more balanced combination of both in-patient and out-patient care. Whereas 25 years ago, medical residents spent almost all of their time providing acute, in-patient care, nowadays they may spend up to half of their time seeing patients in out-patient settings. As a result of this change, Community Health Centers have become much sought after venues for residency training, especially as hospitals are more and more divesting themselves of their out-patient clinics and focusing instead on sub-specialty and in-patient care.

As one of the premier community health center networks in the country, Ryan recognizes the value to its patients of partnering with the medical residency programs of its back-up hospitals in the Continuum Health Network, St. Luke's-Roosevelt Hospital Center and Beth Israel Medical Center. For several years, the Ryan Chelsea/Clinton

Center and the Thelma C. Davidson Adair Center have hosted medical residents from St. Luke's-Roosevelt Hospital, and in July 2011, the Ryan Center at 97th Street and the Ryan-NENA Center opened their doors to medical residents from St. Luke's-Roosevelt and Beth Israel, respectively. Each Ryan site hosts one or two resident teams at a time, with each team consisting of 3 or 4 residents and a preceptor, who is the supervising attending physician from the hospital, and is highly experienced in providing medical care. After initially seeing a patient, the resident then discusses the patient's case in detail with the preceptor, who then likewise sees the patient, to confirm the appropriateness of the resident's care plan. The preceptor's close, “hands-on” supervision of the residents ensures that the care is of the highest quality, and patients appreciate the extra time and attention that the residents are able to provide during their visits.



Ryan believes that these residency programs are a “win-win” proposition for the Network, its patients, and the medical residents, who will gain first-hand experience in providing ambulatory care, while providing high-quality care. Moreover, Ryan is confident that more than a few of these residents will experience the joy of providing primary care, and will someday chose this important calling in their careers. ■

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4th Annual Reach Out and Recite Raises the Stakes!



Left to Right: Arum Chun, Angela Kariotis, Valary Todd

The William F. Ryan Community Health Network hosted the 4th Annual "Reach Out and Recite" event at the Ryan/Chelsea-Clinton Community Health Center in June. This event, led by the Ryan Network Reach Out and Read AmeriCorps Coordinators, Arum Chun and Valary Todd, raised both funds and awareness for the Reach Out and Read programs at the Ryan Centers. During the event, spoken word poets Angela Kariotis, Paul "Poez" Mills, Burton Crane and Manny Williams,

performed for community members. Guests enjoyed a buffet of delicious food, beverages, and floral arrangements, which were donated by local restaurants and vendors. Many donated prizes, including Yankee tickets, restaurant gift certificates, gym memberships, and the Jon Stewart show tickets were raffled off throughout the evening. The event was a successful, and fun activity for all in attendance! ■

Mass HIV Testing Event

On Friday, July 15, Ryan-NENA collaborated with the Family Center, a community-based organization which provides support services to families affected by HIV/AIDS and/or cancer, to provide a mass HIV testing event in the Lower East-side community. The Family Center's eight peers fanned out into the community to promote Rapid HIV testing, and send interested residents to Ryan-NENA for the actual test, which was provided by HIV Services staff from Ryan-NENA and William F. Ryan. In addition, MAC Cosmetics provided makeovers to 25 female residents who also got tested. The event was very successful - 101 community residents were tested that day, and are now also registered to access primary care services at Ryan-NENA. ■



IBM International Day of Service at the Ryan Center

In celebration of their 100th anniversary, the IBM Corporation held a "Day of Service" on June 15th, 2011. Healthcare was one of the focal areas of this national effort, and through coordination with the National Association of Community Health Centers (NACHC), IBM sent volunteers to eight Community Health Centers nationwide - including the Ryan Women and Children's Center. Leading the volunteers was Dr. Kyu Rhee, Chief Medical Director for IBM Corporation, and six volunteers who came from IBM's Legal Department and Global Administration Unit.

While at Ryan, the volunteers participated in three service projects that were coordinated by Ryan staff and AmeriCorps members, including: reading books in Pediatrics to patients as part of Ryan's Reach Out and Reach Program; helping young patients and their parents prepare a fun, healthy snack; and organizing and wrapping infant clothing donated by local community mothers for an upcoming baby shower at one

of the homeless family residences in which Ryan operates a medical center.

The day of service was a wonderful opportunity for staff of both the Ryan Network and IBM to work together, and discover ways in which our organizations can continue to collaborate to benefit the communities that Ryan is privileged to serve. We are looking forward to continuing a strong relationship with the IBM Corporation! ■



Patient Navigator Program

The William F. Ryan Community Health Network is pleased to have recently initiated a Patient Navigator Program at the Network's four main health center sites.

Ryan was one of ten Community Health Centers selected in a nation-wide competition to receive federal funds from the Health Resources Services Administration (HRSA) to provide this critical patient-centered quality improvement intervention to patients with chronic conditions.

Many of the Network's patients come from communities of color that are experiencing serious disparities in health outcomes due to lack of access to high quality services or a scarcity of culturally competent care. Even patients who have become familiar and comfortable with Ryan's staff and facilities may, if they develop a chronic disease, find the larger health care system of hospitals and specialists intimidating and difficult

to navigate, in order to get the health care that they need. The Patient Navigator assists a patient with a chronic disease (for example: Diabetes, Hypertension, Coronary Heart Disease and/or Pediatric Asthma) to achieve their self-management goals by making positive behavioral changes. These can include taking their medications as prescribed; keeping appointments; making good nutritional decisions, and building the skills needed to advocate on their own for necessary services. Patient Navigator programs can also improve community health outcomes by decreasing emergency room visits, avoiding frequent and unnecessary urgent care visits, and improving the quality of life for patients and their families. This program and the care coordination services it provides can also decrease health care costs by creating more efficiency, and encouraging better communication between

the practitioner and patient, thereby preventing co-morbidity and the progression of chronic disease in the patients served. ■

Platinum Award

The newly constructed William F. Ryan/Women and Children's Center at 801 Amsterdam Avenue has been cited by the U.S. Green Building Council as a Platinum LEED* certified Project. The Ryan Center is the only Federally Qualified Health Center in New York State to achieve this honor, and joins the other seven (7) LEED Platinum healthcare centers worldwide who have received this highest designation. This designation is in recognition of the Ryan Center's fidelity to the principles of sustainable building, and to the importance of educating our patients about how to conserve energy and resources in their own lives.

*The 26,000 square foot project was recognized under the Leadership In Energy and Environmental Design (LEED) Rating System.

National Health Center Week 2011

The Ryan Network celebrated National Health Center Week by hosting a blood drive in conjunction with the New York Blood Center. Ryan staff and community members graciously lined up to provide donations,

and were greeted by a visit from Congressman Jerrold Nadler and Assemblywoman Linda Rosenthal. In all, the day culminated with enough donations to save almost 100 lives! ■



Left to Right: Congressman Jerrold Nadler, NYS Assemblymember Linda Rosenthal, Paul Sawyer, Community Liaison for Assemblymember Rosenthal, Barbra E. Minch, President & CEO - Ryan Network, Arnel Tirado, Executive Director - Ryan/Chelsea-Clinton, William Murphy, Chief Administrative Officer - Ryan Women and Children's Center



On Saturday, July 23rd, 2011, Ryan/Adair Community Health Center hosted its 2nd Annual Health Fair, in conjunction with community partners - LaGree Baptist Church, George Faison's 5th Annual International Street Festival, Goddard-Riverside's Single Stop, Health First, and SAGE-Harlem. Ryan Center Prevention, Education and Outreach staff conducted HIV counseling and testing; body mass index, blood pressure and dental screenings were also conducted.